



ENGLISH PLUS SAILING

DOVER, UK



“This course is suitable for both those without sailing experience as well as experienced sailors - sessions will be adjusted to the student’s level. Lessons are fun and engaging and taught by experience instructors at high quality facilities”



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WHAT'S INCLUDED:



TUITION

Students will take part in 15 hours of English language lessons per week. Lessons are topic based and designed to be fun, energetic and informative. They enable students to use their English in real world situations and increase their confidence.



SAILING

Students will take part in 9 hours per week of Sailing. These sessions will be taught by specialist tutors or coaches and will enable those who take part to really develop skills and confidence in their particular area of interest.



ACTIVITIES

We offer a variety of onsite activities including sports, arts and crafts and team games. The school day will finish with an evening activity which will include discos, international nights and talent shows. Our activities provide opportunities for students to use the English they have learnt and make international friends.



EXCURSIONS

Full and half day excursions allow students to really get to know the UK. We use major destinations such as London, Cambridge and Edinburgh as a classroom where students will find historic and cultural information through guided walking tours and visits to museums and other places of interest.



CERTIFICATE

Each student will have their English level tested upon arrival and will be placed in a class accordingly. Students will receive a portfolio to store their work in as well as a certificate to take home with them as a record of their course with us.

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Students receive 15 hours per week of English language tuition, plus 9 hours per week of professional sailing lessons. Dover Sea Sports is a modern, fully equipped, purpose-built facility on Dover Beach, housing a full suite of changing rooms and toilet facilities. Modern and safe sailing equipment is used during the lessons.

COURSE STRUCTURE

Fun and engaging sessions are taught by experienced instructors just off of Dover beach. The initial lessons will cover a basic understanding of how a boat sails and follow on with some experience of steering and handling the boat at sea. You will practice launching the boat, steering the boat and learn about the parts of the boat. You will also begin to experience basic sailing techniques. The course progresses to cover; rigging, sailing techniques, sailing theory and manoeuvres in crewed boats.. You will also learn about safety at sea and how to recover from a capsized boat as well as recovering a man overboard.

Minimum 6 students required to run this course (each week)

ENGLISH, ACTIVITIES & EXCURSIONS

As well as a focus on their chosen plus course, students will be able to enjoy our classic programme of English lessons, activities and excursions. Each student will take part in specially designed English lessons which are fun, interactive and topic based. They will equip students with the confidence to take part in a full programme of activities and excursions. Our excursion programme includes one full- day and two-half day excursions per week to destinations of cultural and historic interest. Each day will end with an energetic evening activity which encourages students to socialise with their new international friends. Evening activities are varied and fun and may include discos, talent shows and international evenings.

COURSE INFORMATION

AGE RANGE: 12 - 16 (Groups)

ENGLISH CLASS SIZE: Maximum 15

COURSE LENGTH: 1 - 2 weeks

CENTRE: Dover College, Dover UK

CENTRE DATES: 11th Jul 2021 - 25th Jul 2021

MIN LANGUAGE LEVEL: Beginner to Advanced

SAILING ABILITY: Beginner to Advanced

SESSIONS PER WEEK: 9 Hours

Accredited by the
BRITISH COUNCIL
for the teaching
of English in the UK



SAMPLE PROGRAMME

WEEK 1	MORNING	AFTERNOON	EVENING
SUN	Arrival, Induction & Campus Tour		Welcome Evening & Ice Breaker Activities
MON	Placement Test & Induction Lesson (3 hours)	Sailing (3 hours)	Welcome Disco or Drama-Based Games
TUES	English Lessons (3 hours)	Included Half Day Excursion: Canterbury Walking Tour (no entrance)	"Who Wants to be a Millionaire?" Quiz Night
WEDS	English Lessons (3 hours)	Sailing (3 hours)	International Night
THUR	English Lessons (3 hours)	Included Half Day Excursion: Folkestone Walking Tour & Harbour (no entrance included)	Casino Night or English Conversation Club
FRI	English Lessons (3 hours)	Sailing (3 hours)	Beach Party Disco or Sports
SAT	Included Full Day Excursion: London, Walking Tour & Thames Sightseeing Boat Cruise		Chill Out Evening including Films, Popcorn & Board Games
WEEK 2	MORNING	AFTERNOON	EVENING
SUN	Sightseeing in Canterbury, or Optional Full Day Excursion (at extra cost - please book before arrival) e.g. Oxford & Christ Church College		British Culture Evening
MON	Sailing (3 hours)	English Lessons (3 hours)	Fancy Dress Disco or Drama Workshop
TUES	Included Half Day Excursion: Broadstairs Walking Tour & Beach (no entrance included)	English Lessons (3 hours)	Game Show Night
WEDS	Sailing (3 hours)	English Lessons (3 hours)	"Dover's Got Talent!" Talent Show
THUR	Included Half Day Excursion: Leeds Castle	English Lessons (3 hours)	Murder Mystery Activity
FRI	Sailing (3 hours)	English Lessons (3 hours)	Masked Ball Disco or Sports
SAT	Included Full Day Excursion: Brighton, Walking Tour & The Royal Pavilion		Chill Out Evening including Films, Popcorn & Board Games
SUN	Departure		

This is a sample programme and all elements may be subject to change. Lessons may take place in the mornings or afternoons.